



Club 1 Fitness

Mr. Chris Labishak & Mr. James Rosenbloom
Managing Owner & Founding Owner

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Photos by Eric Rose
Bodiography Contemporary Ballet
Founding Artistic Director Maria Caruso (412-425-3766)



For Immediate Release

Owners Invest In the Arts

Our nation's current economic climate makes for challenging times, but local partners stay one step ahead by investing in the cultural landscape of Pittsburgh. Chris Labishak and James Rosenbloom of Club 1 Pittsburgh met Maria Caruso, artist and founding director of Bodiography Contemporary Ballet, seven years ago when she began instructing Pilates courses at their luxurious and multi-faceted Shadyside fitness club. The group fitness program, noted among the best in the country, offers 98 weekly classes between three locations and will now have a full time staff of professional dancers to add to its roster. It is no surprise that the current collaboration would come to fruition following the appointment of Caruso as the current group fitness coordinator. Now, from Zumba to ballet, to spin and step, Club 1 offers more unique and diverse fitness classes than any center in the tri-state area.

Over the years, Labishak and Rosenbloom have had the opportunity to watch the pioneering Bodiography dance company grow and have welcomed Caruso's artistic innovation into their freshly renovated setting. As with any competitive fitness club it is critical to stay ahead of the fitness trends, which Caruso does well. While Labishak and Rosenbloom commit to excellence through industry research and customer satisfaction, Caruso works to stay on top of her group exercise game. Caruso has now integrated multi-genre dance courses into the club's offerings by her esteemed company members in an effort to go beyond the traditional fitness offerings.

Labishak and Rosenbloom are committed to the arts in Pittsburgh and are proud to have Bodiography as their resident company. Business is not just about the quality of their product, but their community investment and the ability to show their members that Club 1 is more than just a place to work out.

